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- Hemophilia is a genetically inherited bleeding disorder that affects 1 in 5,000 male births.
- There are two common types of hemophilia. The degree of deficiency varies from mild to severe.
- Those with severe hemophilia frequently have “bleeds” into joints without specific injury which can lead to crippling damage.
- von Willebrands disease (vWD) is another common bleeding disorder. This disorder affects both males and females equally, and the symptoms are usually not as severe as those of a person with hemophilia. vWD is probably the most common of the inherited bleeding disorders.
- Bleeding is treated with intravenous doses of the missing clotting factor and can easily exceed \$150,000 per year.

HELP

When you donate to the Virginia Hemophilia Foundation (VHF) you are helping to improve the quality of life for those affected by a bleeding disorder. It is easy to help. Many individuals help by:

- Volunteering
- Making a financial donation
- Donating blood
- Participating in our fundraising events, such as our Golf Tournament, Youngblood 5K, Wine Tasting/Raffle Event, and Festevents

CONTACT

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Some of what VHF offers includes educational programs, family and summer camps, an annual meeting, advocacy on the state and national level, sports and exercise programs, a quarterly newsletter, scholarships, and family assistance.